

SODUS YOUTH IMPACT 5K

The proceeds from this race will provide funding for the Mill Street Youth Center.
WWW.SCARLETTTHREAD.ORG

**Saturday, August 7th
9:00 A.M.**

**Registration
opens at 7:30 A.M.**

**United 3rd Methodist
Church Parking Lot
Sodus, NY**

Age Divisions
3 NEW YOUTH CATEGORIES:
up to 12, 13-15 16- 18
ADULT: Men's & Women's
19-24 40-49
25-29 50-59
30-34 60-69
35-39 70+

Entry Fee
\$15 - Pre-registered by July 20
\$20 - Thereafter & race day
\$12 - Student (Grade 12 and under)



DOOR PRIZES FOR RUNNERS & WALKERS INCLUDE: *itunes gift cards, Starbucks Coffee & Dick's Sporting Goods gift cards and prizes from local merchants*

Prizes
Overall Male & Female Winners—(LIST PRIZE)
1st, 2nd, and 3rd Male and Female Runners in all age categories (No duplication of awards)

course certified to be accurate by the
USATF/RRTC
#NY02028AM

TEAMS:
Racing teams are welcome. Build unity on your track team or work place by racing together!!

Free T-shirts to first 100 Registered Runners

Name _____ Male ___ Female ___
Mailing Address _____ City _____
State _____ Zip _____ 5K Run ___ Walk ___
Age on day of run ___ Birth Date ___ Today's Date ___
Shirt Size M ___ L ___ XL ___ Amount Enclosed _____
Optional donation to Scarlet Thread _____ Thank You

Mail Form and entry fee to:
Scarlet Thread Ministries Please make check payable to:
32 Mill St. **Scarlet Thread Ministries**
Sodus, NY 14551 Questions? Call Jay, 315-527-6546

**All participants must sign Liability Waiver at the right.
If runner is under 18, a parent or guardian must sign.**

I, the undersigned, know that participating in a road race is a potentially hazardous activity. I should not participate unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the event. I assume all risks associated with running this event, including, but not limited to, falls, contact with other participants, the effects of weather, traffic, and conditions of the road, all such risks being known and understood by me, having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Town and Village of Sodus, Scarlet Thread Ministries, the Sodus United Third Methodist Church, Sponsors and agencies and municipalities, their representatives, and successors from all claims or liability of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recording or other record of this event for any legitimate purpose. I understand that in the event the race is cancelled, there will not be a refund of the entry fee.

Signature

How to Find Us

Sodus is easily reached from the east or the west by Route 104.

It can be reached from the south by Route 414, 14, or 88.

The Methodist Church is on the corner of Belden and Main Streets on the west end of town. Parking is available at the church and the public parking lot one block east of the church.